

Preschool Program Plan



Children attending St. Elizabeth Ann Seton Preschool will be supervised at all times by a staff member. Our program will serve no more than 18 children per session, with a teacher to child ratio of 1:10.

St. Elizabeth Ann Seton Preschool's curriculum is based on the theory that children learn through play and exploration. A variety of activities that are quiet and active, child-initiated and teacher-directed will be available. Our goal for each child is to develop physically, intellectually, socially, emotionally, and spiritually through hands-on activities and learning centers in a fun, safe, and caring environment. Listed below are goals and activities pertaining to each area of development.

- ◆ **Physical Development Goal:** To help children gain a greater awareness of their body and increase gross and fine motor skills.
 - ◆ Gross motor activities that will develop balance, coordination, and self-confidence include: balls, parachute, beanbags, block play, movement games, and outdoor play equipment.
 - ◆ Fine motor activities that will develop eye-hand coordination, concentration, flexibility, and self-concept include: puzzles, cutting, painting, play dough, blocks, lacing cards, dressing skills, printing and stringing beads.

- ◆ **Intellectual Development Goal:** To help children acquire learning skills such as the ability to solve problems, ask questions, and use words to describe their ideas, observations and feelings. Activities that will help children become confident learners include:
 - ◆ Science experiences: magnets, sand and water play, exploring nature, sensory activities.
 - ◆ Math experiences: measuring, pouring, matching, counting, classifying, sequencing, categorizing.
 - ◆ Language experiences: puppets, games, stories, printing, letters, dramatic play, show-and-tell and following directions.
 - ◆ Creative Art Experiences: painting, drawing, pasting, gluing, cutting, and coloring.

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- ◆ **Social Development Goal:** To help children develop positive relationships with their peers, teachers, and environment.
 - ◆ Activities to develop cooperative, respectful behaviors include, but are limited to: dramatic play, dress-up, block play, puppets, role-playing, snack time, group games, story time and clean-up time.

- ◆ **Emotional Development Goal:** To help children develop independence, self-control, and positive attitude.
 - ◆ Activities that foster growth in self-esteem include, but are not limited to: creative art, block play puzzles, housekeeping, large muscle activities, story-telling, music, creative dramatics, sensory table, show-and-tell, finger plays.

- ◆ **Spiritual Development Goal:** To help children learn about God's love and appreciate the wonderful gifts He has given us.
 - ◆ Activities that encourage spiritual growth include, but are not limited to: bible stories, sharing time, prayer, music, circle time.

Parent-Teacher Conferences will be held twice a year. Parents will be informed as to the progress of their child in all major areas of development. A conference report will be kept in the child's file.